



**Mission Statement:**

*To advance the professional identity of Township Committees on Youth by providing leadership, professional training, community education, and networking to enhance the quality of life for youth and families in the Townships throughout Illinois.*

**Business Meeting  
Ela Township  
May 25, 2023  
10:00AM-12:00PM**

**I. Call to order at 10:19 am.**

**II. Roll Call**

Members in attendance: Tina Houdek (Hanover Township), Dawn Arimura (Bloomington Township), Allison Kowieski (Wayne and Winfield Township -WAYS), Richard Lyon (Maine Township), Terri Ransom (DuPage Township), Sara Marx (Ela Township), and Luanne Pross (Elk Grove Township).

**A. Approval of Minutes from the February 23, 2023 Business Meeting**

Luanne Pross moved to approve and Dawn Arimura seconded. Motion approved.

**B. Additions to the agenda**

1. Discussion about social media effects on youth & programs that can address that

**III. Officers' reports:**

**A. President: Tina**

1. None

**B. Vice President: Sara**

1. None

**C. Secretary: Allison**

1. None

**D. Treasurer: Richard**

1. 12 paid members
2. Current balance: \$3,948.43

**IV. Committee Reports:**

**A. Membership-Tina/Sara**

1. Newly joined: Lemont Township & Proviso Township
2. Richard reached out to Zion Township and Palatine Township

**B. CEUs-Tina**

1. Expires in November and will be renewed

**C. Audit-Dawn**

1. Will be completing in June

**D. Program-Sara/Tina**

1. August workshop at Plainfield Township will be hybrid
2. Speaker has been found, but topic is still being determined

**E. Website-Richard**

1. Updated membership list to current members

President  
Tina Houdek, LCPC  
Hanover Township  
Youth and Family Services  
250 S. Route 59  
Bartlett, IL 60103  
(630) 483-5799  
thoudek@hanover-township.org

Vice President  
Sara Marx, LCPC  
Ela Township  
Health and Wellness  
1155 East IL-22  
Lake Zurich, IL 60047  
(847) 540-8380  
saram@elatownship.org

Secretary  
Allison Kowieski, LCPC  
Wayne/Winfield Twps.  
WAYS  
27W031 North Avenue  
West Chicago, IL 60185  
(630) 231-7166 x132  
waysallisonk@gmail.com

Treasurer  
Richard Lyon, LCPC, CADC  
Maine Township  
Maine Stay Youth & Family Services  
1700 Ballard Rd.  
Park Ridge, IL 60068  
(847) 297-2510 x261  
rlyon@mainetown.com



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**F. Awards-Megan**

1. Absent
2. No complete/qualifying undergraduate applications received
  - a. Continue to discuss this at future meeting, maybe change
3. Graduate award is due September 15<sup>th</sup>
4. Township awards also due September 15<sup>th</sup>

**G. Perspectives-Tina**

1. Sign-ups for “Did You Know?” section (2-3 paragraphs) – what is going on in terms of mental health, families, volunteerism, etc. OR program you want to highlight & Tina will send examples
  - a. **July/August (due May 25<sup>th</sup>): Luanne**
  - b. **September (due July 25<sup>th</sup>): Allison**
  - c. **October (due August 25<sup>th</sup>): Dawn**
  - d. **November (due September 25<sup>th</sup>): Richard**
  - e. **December: (due October 25<sup>th</sup>): Tina**

**H. TOI-Tina**

1. 2023 Dates: November 12-14
2. Possible presenter: Hanover Township’s new staff Dr. Natalie
3. Possible topic: Trauma informed care
4. Title ideas:
  - a. “Caring for Township Youth: The Important of Trauma Informed Care”
  - b. “How to Become a Trauma Informed Township”

**I. Olympics-Sara**

1. Unable to do this year due to low participation

**V. Old Business**

- A. None

**VI. New Business**

**A. August Business Meeting and Workshop—Plainfield Township**

1. See committee reports

**B. Membership Drive**

1. Current paid members
  - i. See committee reports

**C. Graduate Scholarship**

1. Due September 23, 2023
2. Promotion
  - i. See committee reports

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**D. Perspective Article Reminders**

1. See committee reports

**E. Discussion on internship opportunities and agency contract usage**

1. Discussed what approach each organization takes with grad students in terms of requirements.
2. Agreed to share with each other what they use to compare.

**F. Discussion about social media effects on youth & programs that can address that**

1. Psychopharmacology
2. Toxicity of social media

**VII. Township Program Highlights and Announcements**

**A. MaineStay**

1. Hired intern for full time position!

**B. Elk Grove**

1. Trying to hire, but having struggle

**VIII. Adjournment**

Dawn Arimura moved to adjourn. Richard Lyon seconded. Motion approved.

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