



**Mission Statement:**

*To advance the professional identity of Township Committees on Youth by providing leadership, professional training, community education, and networking to enhance the quality of life for youth and families in the Townships throughout Illinois.*

**Executive Meeting  
Hanover Township, Downey Hall  
September 23, 2021  
10:00AM-12:00PM**

- I. Call to order  
Approval of Minutes from the June 24, 2021, Executive Meeting.  
- Will be approved at next meeting, not available at this meeting  
Roll Call: Members in attendance Tina Houdek (Hanover Township), Dawn Arimura (Bloomington Township), Sara Marx (Ela Township), Joe Cacciatore (Ela Township), Richard Lyon (Maine Township), and Allison Kowieski (WAYS, Wayne and Winfield Townships)
  - A. Additions to the agenda
    1. None
- II. Officers' reports:
  - A. President: Tina
    1. Changes to TOI time for workshop: now at 2:30 pm and annual meeting at 4:30 pm
  - B. Vice President: Sara
    1. None
  - C. Secretary: Allison
    1. None
  - D. Treasurer: Richard
    1. 3<sup>rd</sup> quarter report will be available at next meeting
    2. Income that has come in: one new member, fees from workshop
- III. Committee Reports:
  - A. Membership-Tina/Sara
    1. 10 paid members
  - B. CEUs-Tina
    1. Nothing received for sponsor renewal
  - C. Audit-Dawn
    1. None, will arrange in February 2022
  - D. Program-Sara/Tina
    1. Topic ideas: resiliency in youth; anxiety; depression; ability to thrive during pandemic/life style changes; nutrition impact on mental health
    2. Tina will check with Township nurse about topic of nutrition impact on mental health

President  
Tina Houdek, LCPC  
Hanover Township  
Youth and Family Services  
250 S. Route 59  
Bartlett, IL 60103  
(630) 483-5799  
thoudek@hanover-township.org

Vice President  
Sara Marx, LCPC  
Ela Township  
Youth and Family Services  
1155 East IL-22  
Lake Zurich, IL 60047  
(847) 540-8380  
saram@elatownship.org

Secretary  
Allison Kowieski, LCPC  
Wayne/Winfield Twps.  
WAYS  
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(630) 231-7166 x132  
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Treasurer  
Richard Lyon, LCPC, CADC  
Maine Township  
MaineStayYouth & Family Services  
1700 Ballard Rd.  
Park Ridge, IL 60068  
(847) 297-2510 x261  
rlyon@mainetown.com



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- E. Website-Richard
  - 1. Added latest member Sterling township to website
  - 2. Added Sarah's info and removed Susan as Vice President
- F. Awards-Matt
  - 1. Not present
- G. Perspectives-Tina
  - 1. Being completed by Nora (Hanover Township) and Chelsea (Bloomington Township)
  - 2. November article due October 4<sup>th</sup>
- H. TOI-Tina
  - 1. See Officer's report
- I. Olympics-Sara
  - 1. Possible interest for July 2022
- IV. Old Business
  - A. None
- V. New Business
  - a. TOI Annual Conference Update—done virtually.
    - Workshop has changed to 2:30pm
    - Annual Meeting
      - i. In Perspective Article and in TOI Annual Education Conference for zoom link to contact Tina Houdek. All others in person at Hanover Township.
      - ii. Time changed to 4:30pm to accommodate the conference
      - iii. Annual Dinner after the Annual Meeting.
  - b. Nomination Committee selection for Annual Meeting
    - Dawn will check with members about interest
  - c. Reports for Annual Meeting due to me by November 1, 2021.
    - Compile reports for 2021
  - d. February Quarterly workshop—what are members interested in?
    - See above
  - e. Awards and Scholarship selection.
    - Graduate Scholarship:
      - i. Janice Lee was selected
        - 1. Unanimous agreement
    - Township Awards
      - i. Volunteer
        - 1. Eesha Alaparthi
          - a. Unanimous agreement

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ii. Staff

1. Gisel Trijuillo

a. Unanimous agreement

VI. Township Program Highlight and Announcements

A. Bloomingdale Township

1. FT therapist position available

B. Ela Township

1. FT therapist position available

VII. Adjournment

Moved to adjourn at 11:30 am. Motion by Dawn Arimura, and seconded by Sara Marx.

Minutes submitted by: Allison Kowieski

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