



Professional Workshop Registration Form

An Introduction to *Positive Discipline* © Parent Education

Allena Barbato, JD, AMFT, Lakes Family Counseling and Parent Educator at Youth Services

Tuesday, May 19, 2015

12:00 – 1:00 p.m. Lunch and Networking

1:00 – 3:00 p.m. Workshop

Warren Township Youth and Family Services

100 S. Greenleaf St., Gurnee, IL 60031

847-244-1101 ext. *401

Are you a therapist, parent educator or social worker looking for an effective parenting program to use with clients? Are you looking to teach the parents you work with a method that is neither authoritarian nor permissive? Positive Discipline, by using kindness and firmness at the same time, provides the happy medium to parenting that will ease much of the difficulty in raising children.

Objectives

- An introduction to Positive Discipline concepts
- Understanding the four goals of misbehavior.
- Looking at why kindness and firmness is central to good parenting.
- Finding out why mutual respect is so important and mistakes as opportunities to learn.

About Allena Barbato: Mrs. Barbato, JD LAMFT works with families, couples, parents, and children. She focuses on relationship-building, conflict resolution, and improving parent/child communication and interactions. By employing methods such as CBT, Gestalt, Rogerian Unconditional Positive Regard, Motivational Interviewing, and Positive Discipline techniques, she helps individuals and families get back on track to experience positive, healthy relationships. Mrs. Barbato received her Bachelor's Degree in Political Science at University of Illinois, her Master's Degree in Counseling Psychology from Sofia University in California, and her Juris Doctorate from Southern Illinois University.

Registration fees, which include lunch, are:

\$20.00 for AITCOY Members

\$35.00 for Non-Members

*You can pay at the door but please call Warren Township, 847-244-1101 ext. *401, to reserve a lunch.

2 Continuing Education hours will be awarded for Illinois Social Workers and Professional Counselors.

Please submit this registration form by Friday, May 15th.

An Introduction to *Positive Discipline* Parent Education

Tuesday, May 19th, 2015

Warren Township Youth & Family Services

Name: _____ Title: _____
Employer: _____
Address: _____
City: _____ Zip: _____ Phone: _____
Cell: _____ Email: _____
Professional License Number: _____

Please make checks payable to: AITCOY

Mail to: Richard Lyon, MA, LCPC, Maine Township, 1700 Ballard Rd, Park Ridge, IL 60068